

# Participant Guide

## Health and Safety In-Service II

### Child Care Centers

Revised 2023

2 Hours

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**For additional training references, resources, handouts, and more, [visit the course resource page linked here](#) or through the QR code at right!**



#### Session Overview

Knowledge and Competency Framework (KCF) Content Area, and CDA Content Areas

The Knowledge and Competency Content Areas and the CDA Content Areas, are listed here to help participants understand what competencies and/or content areas are addressed in the training.

**KCF Content Area:** VII: Health, Safety and Nutrition (Level 1)  
**CDA Content Area:** Planning a safe and healthy learning environment

#### Learning Objectives:

While no training alone can ensure learning objectives, they can be designed to meet certain goals for each learner. If learners are engaged and participatory they will learn to:

- Identify physical premise safety hazards.
- Outline precautions for hazardous materials and bio-contaminants.
- Investigate best practices in emergency preparedness.

### Session Agenda:

- A. Welcome and Overview
- B. Physical Premise Safety
- C. Precautions for Hazardous Materials and Bio-Contaminants
- D. Emergency Preparedness
- E. Emergency Planning for Children with Special Needs and Infants/Toddlers
- F. Wrap Up and Reflection

**Important resources:** These two resources form the basis of much of this session's content.

1. [Rule 3](#): Minnesota Rule 9503 – Licensure of Child Care Centers
2. Caring for Our Children: National Health and Safety Performance Standards Guidelines for Early Care and Education Programs <http://cfoc.nrckids.org/>

### Physical Premise Safety

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- ☐ I have a daily plan for checking for safety
- ☐ Tools/Resources for ensuring safety (e.g. daily checklist):
- ☐ Hazards/notes to self to double check:
- ☐ Actions needed:

### Precautions for Hazardous Materials and Bio-Contaminants

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**Hazardous materials** are substances which:

- Cause harm if they are inhaled or swallowed, or if they touch the skin.
- Ignitable, corrosive, toxic, or reactive

The most common ones harming children are **cosmetics and personal care products, cleaning products, and medicine**. More examples: poisonous plants, lead-based paint, radon, corrosive cleaning agents, and animal feces.

#### Handling hazardous materials

- Use as recommended by manufacturer.
- Don't mix with other products.
- Ventilate the area when using cleaning and disinfecting supplies.
- Do not use when children are nearby.

#### Safe storage

- Keep in original container, with label.
- Keep out of kids' reach, in locked/latched cabinets if possible.
- Store separately from food.
- Post the number to the Poison Control Center near storage of hazardous substances - For poison emergencies or questions about poison, contact the Minnesota Poison Control System: Call **1-800-222-1222** or go to <http://www.mnpoison.org/>

- **Emergency Preparedness**

- [142B.66 CHILD CARE CENTER HEALTH AND SAFETY REQUIREMENTS](#)
- [Child Care Emergency Plan \(DHS-7955\)](#) for evacuation, sheltering, and other protection; updated annually.
- [Keeping Kids Safe DHS-7414](#) includes emergency planning resources for licensed child care centers.
- [Minnesota State Child Care Emergency Plan](#) resources guide (identifies state/local emergency resources)
- [CDC Children in Disasters: Teachers and Early Care and Education Programs](#)
- Child Care Aware of America: [Crisis and Disaster Resources](#)
- FEMA app: <https://www.fema.gov/mobile-app>
- [Red Cross Home/center Fire Safety Checklist](#)
- Red Cross Emergency mobile phone app: <http://www.redcross.org/get-help/prepare-for-emergencies/mobile-apps>
- [Sample Childcare Emergency Action Plan](#)
- [Savethechildren.org Disaster Checklist](#)
- US Dept of Health and Human Services: [Early Childhood Disaster-Related Resources](#)

- **Safety and Hazards:**

- [MN Risk Reduction Plan Template](#) (MN Child Care Centers)
- [Child Care Health and Safety DAILY Checklist Classroom](#) (Indiana)
- ECELS [Active Play Safety Checklist & Planning Tool](#)
- [ECELS Daily and monthly playground maintenance form](#)
- [Health and Safety Checklist for Early Care and Education](#) (California)
- MDH [Healthy Home's section](#)
- US Dept of Health and Human Services - Contemporary Issues in Licensing: [Building and Physical Premises Safety in Child Care](#)
- National Center on Early Childhood Quality Assurance News Briefs
  - [Brief #5: Building and Physical Premises Safety](#)
  - [Brief #6: Emergency Preparedness and Response Planning](#)
  - [Brief #7: Handling, Storing, and Disposing of Hazardous Materials and Biological Contaminants](#)

## Individual Reflection and Action Plan:

What are 1-2 things you were already doing in your program to ensure safety that you want to brag about or remember to keep doing:

1.

2.

What are 1-2 things you learned about in today's training that you want to take back and start doing to help make your program even more safe tomorrow?

1.

2.